



Jr. Midget Cheer Weekly Update

Week 13 - October 20, 2011

It's a busy weekend ahead with the game at Shasta on Saturday and competition on Sunday at Central Valley High School. Maps to both locations are attached.

Just a reminder: **GIRLS ARE NOT TO WEAR THEIR UNIFORM FOR THE GAME ON SATURDAY.** They will cheer in their practice shirts, shorts and shoes in order to keep their uniforms and cheer shoes super clean for competition on Sunday.

Speaking of uniforms, please **CLEAN YOUR SHOES THIS WEEK** so they are super white! They wash well in the washing machine. Also, please check to make sure your daughter's uniform is in excellent condition and **don't forget your under armour!!**

Remember that girls must be at Central Valley High School by **7:00am on Sunday to check in. Please do not be late!** They can come with their hair down. Bring a brush and we will have someone there to help them style it. If you did not order lunch for your daughter, please make sure you bring one for her.

For those of you who are staying at the Red Lion Hotel on Saturday night: **Let's plan on going to dinner together! We will meet in the lobby at 6:15pm and walk across the street to Chevy's.**

If anyone has any questions at all about the game or competition, please don't hesitate to give Coach Peggy or me a call (Laurie - 896-1413). **GOOD LUCK GIRLS!**



Game Details Jags AT Shasta

Saturday, October 22 at 2:00pm

Where: Shasta High School
(map and directions attached)

When: Warm up at **1:00pm.**

What to Wear: **DO NOT WEAR YOUR UNIFORM OR CHEER SHOES FOR THIS GAME!** We want them to be clean for competition the next day. Wear your "Cheerleader" T-shirt and black practice shorts and white tennis shoes.



REMINDER:
Snack Duty: MULLINAX
Water and Ice Duty: LINCOLN

POP-UPS NEEDED FOR COMPETITION!

We need at least three pop-ups for our squad for competition. If you have one, please bring it. There will be plenty of hands to help set it up.



WHAT TO BRING TO COMPETITION:

- Uniform skirt, shell, spankies and under armour
- Warm ups
- Cheer duffel bag
- Cheer shoes (must be **CLEAN!**)
- Extra hair ties
- Hair spray, gel and brush
- Extra hair clips (no bobby pins)
- Snack in your cheer bag (no chocolate or sweets)
- Water bottle in bag with lid that will seal
- Lunch (if you didn't pre-order)
- Money for competition shirts/sweatshirts (if you didn't pre-order)



Coach Peggy will have bows and socks for everyone when they arrive Sunday morning.

Jr. Midget Cheer Contact Info:

HEAD COACH: Peggy Hawks (530) 513-1613 or (530) 894-2668
E-MAIL: PEGGYHAWKS@SBCGLOBAL.NET

ASSISTANT COACH: Michelle Terrell (530) 566-6706
E-MAIL: MRTERRELL27@YAHOO.COM

ASSISTANT COACH: Shelly Wing (530) 345-3109 or (530) 354-0395
E-MAIL: CALIDW@PACBELL.NET

TEAM MOM: Laurie Lincoln (530) 896-1413 or (310) 678-7178
E-MAIL: LAURIE@MAINSTREETTOURS.COM

CHEER COORDINATOR: Amanda Clement (530) 230-8869
E-MAIL: UHHMAANDUH@AOL.COM

You can also find more information at:
www.ChicoJags.com



DIRECTIONS TO THE GAME

Saturday, October 22, 2011



Shasta High School
2500 Eureka Way
Redding, CA 96001



**If you get lost, please call
Amanda at (530) 230-8869 or Matt at (530) 230-8872**

72 miles – about 1 hour 20 mins

From Pleasant Valley High School (1475 East Avenue, Chico, CA 95926)

1. Start out going west on East Ave toward Valhalla Pl. go 2.2 mi
2. Merge onto CA-99 N. go 37.8 mi
3. Merge onto I-5 N toward Redding. go 29.1 mi
4. Merge onto CA-44 W via EXIT 678 toward Eureka. go 2.4 mi
5. Turn right onto CA-299 W / CA-273 N / Pine St. go 0.09 mi
6. Take the 1st left onto Eureka Way / CA-273 N / CA-299 W. go 0.9 mi
7. 2500 EUREKA WAY is on the right.

Shasta High School
2500 Eureka Way
Redding, CA 96001

DIRECTIONS FROM CHICO TO COMPETITION AT CENTRAL VALLEY HIGH SCHOOL

Sunday, October 23, 2011

Be there by 7:00am



**Central Valley High School
4066 La Mesa Avenue
Shasta Lake, CA 96019**



**If you get lost, please call
Amanda at (530) 230-8869 or Matt at (530) 230-8872**

78 miles – about 1 hour and 30 minutes

From Pleasant Valley High School (1475 East Avenue, Chico, CA 95926)

1. Start out going west on East Ave toward Valhalla Pl. go 2.2 mi
2. Merge onto CA-99 N. go 37.8 mi
3. Merge onto I-5 N toward Redding. go 36.0 mi
4. Take the CA-151 / Shasta Dam Blvd exit, EXIT 685. go 0.6 mi
5. Stay straight to go onto CA-151 / Shasta Dam Blvd. Continue to follow CA-151 W. go 1.0 mi
6. Turn left onto Locust Ave. go 0.2 mi
7. Turn right onto La Mesa Ave. go 0.2 mi
8. 4066 LA MESA AVE is on the left.



Good Luck Girls!

If you are staying in Redding on Saturday Night:

DIRECTIONS FROM THE RED LION HOTEL IN REDDING TO COMPETITION AT CENTRAL VALLEY HIGH SCHOOL

Sunday, October 23, 2011

Be there by 7:00am



**Central Valley High School
4066 La Mesa Avenue
Shasta Lake, CA 96019**



**If you get lost, please call
Amanda at (530) 230-8869 or Matt at (530) 230-8872**

10 miles – about 14 minutes

From Red Lion Hotel Redding (1830 Hilltop Drive, Redding, CA 96002)

1. Start out going south on Hilltop Dr toward Mistletoe Ln. go 0.7 mi
2. Take the 3rd right onto E Cypress Ave. go 0.06 mi
3. Merge onto I-5 N toward Portland. go 7.3 mi
4. Take the CA-151 / Shasta Dam Blvd exit, EXIT 685. go 0.6 mi
5. Stay straight to go onto CA-151 / Shasta Dam Blvd. Continue to follow CA-151 W. go 1.0 mi
6. Turn left onto Locust Ave. go 0.2 mi
7. Turn right onto La Mesa Ave. go 0.2 mi
8. 4066 LA MESA AVE is on the left.

Good Luck Girls!

